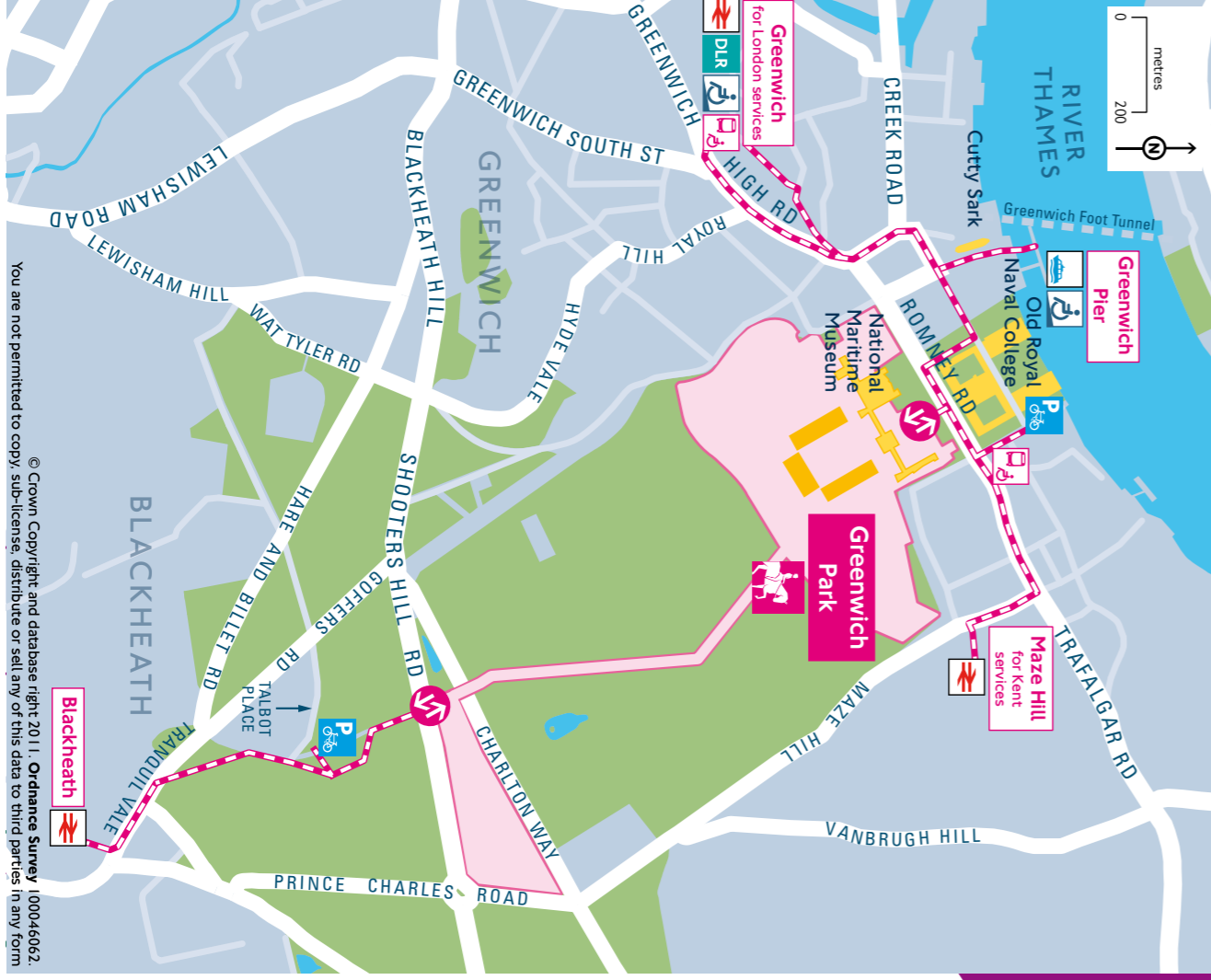


- Key**
-  Recommended station/pier for spectators
 -  Event area during the Paralympic Games
 -  Venue entrance and exit
 -  Spectator access route
 -  National Rail
 -  Docklands Light Railway
 -  River services
 -  Station/pier with step-free access and staff assistance
 -  Cycle parking
 -  Accessible shuttle bus pick-up/drop-off



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Welcome

This guide includes handy tips to help you get to your event and make the most of your Paralympic experience. So have a good read – and don't forget to bring it on the day!

Top tips

1 Check the London 2012 website for the latest information before you travel

2 Remember your tickets! Everyone needs a ticket for entry

3 Aim to arrive early – gates will open two hours before morning sessions and one hour before afternoon sessions

4 The transport system and venue will be very busy so leave plenty of time to get there and be prepared to wait

5 You'll need to go through airport-style security when you arrive so make sure you've read the list of items that aren't allowed inside the venue at london2012.com/paralympics/security

6 Your bag must fit under your seat or on your lap. If you can manage without one, even better – it will help speed up security checks

Arriving at the venue
Aim to arrive early – gates will open two hours before morning sessions and one hour before afternoon sessions.

When you get there, you'll be asked to go through airport-style security screening. With thousands of people arriving at the same time, there may be a queue.

One soft-sided bag is allowed per person – for example, a medium-sized handbag or small backpack (maximum 25 litres).

We want everyone to have a safe and enjoyable Games, so there are some things you can't bring into the venue. Go to london2012.com/paralympics/security for the full list, which includes water and other liquids.

Once you're inside the venue, please respect the park. It is part of a World Heritage Site and home to protected animals, rare grasslands and fragile trees.

There's no re-admission to the venue.

Games Mobility

Inside the venue you can use our free Games Mobility service, which loans out mobility vehicles on a first come, first served basis. Audio description and guiding are also available.

Go to london2012.com/paralympics/accessibility for more information.



7 There's a wide variety of healthy and tasty food inside the venue

8 You can pay by Visa (debit, credit or prepaid) or cash (£) only

9 There is limited shelter at the venue so check the weather forecast and come prepared, whether that means bringing a sun hat or rain jacket

10 It may take a while to exit the venue after your session – why not explore the beautiful Greenwich Park, home to the National Maritime Museum and the Royal Observatory? After leaving the park, avoid the queues at local stations by visiting the historic centres of Greenwich or Blackheath



BARCODE

Equestrian
Greenwich Park



London 2012 Paralympic Games
Official spectator guide

Paralympic Games



Plan your travel

Getting to Greenwich Park

Great news! You can use the Games Travelcard sent to you with your ticket for free travel on public transport in London zones 1–9 on the day of your event, including to and from Greenwich Park. The recommended stations are:

Greenwich  – around 20-minute walk

Maze Hill  – around 10-minute walk (for Kent services only)

Blackheath  – around 20-minute walk

Or why not take the scenic route and go by boat? Your Games Travelcard entitles you to one-third off the cost of river services. From Greenwich Pier it's about a 15-minute walk to the venue.

London will be very busy so leave plenty of time to get to the venue and be prepared for crowds. Plan and book your journey at london2012.com/paralympics/travel and check it before you set off as things may change. You'll also find plenty of walking and cycling routes on the website.

Been to Greenwich Park before? The area will be operating differently during the Games so please follow the signs and directions from staff.

There's no spectator parking at the venue, except for pre-booked Blue Badge spaces.

For days when you're not going to a London 2012 sports event or ceremony, beat the queues for travel tickets and buy a Visitor Oyster card before you leave home at tfl.gov.uk/visitshop

Accessible travel

If you've already reserved Blue Badge parking, you'll receive details in the post soon. For more information, go to london2012.com/paralympics/bluebadge

Greenwich is the recommended station with step-free access and staff assistance available. An accessible shuttle service will run from Greenwich station to the venue. Greenwich Pier also has step-free access.

Equestrian

Paralympic Equestrian events test the ability of horse and rider to display both athletic skill and supreme elegance.

Events

- Team – Open
- Championship Test: Individual – Grade Ia
- Championship Test: Individual – Grade Ib
- Championship Test: Individual – Grade II
- Championship Test: Individual – Grade III
- Championship Test: Individual – Grade IV
- Freestyle Test: Individual – Grade Ia
- Freestyle Test: Individual – Grade Ib
- Freestyle Test: Individual – Grade II
- Freestyle Test: Individual – Grade III
- Freestyle Test: Individual – Grade IV
- All events are mixed (men and women)

Did you know?

Riders are allowed to use certain assistive devices such as dressage crops, while athletes with a visual impairment may use 'callers' to help them navigate around the arena.

While you're watching

Flash photography is not permitted. Please be as quiet as possible, particularly when watching visually impaired athletes perform.



Session timetable

Day	1	2	3	4	5	6	7	8	9	10	11
Date	Thu 30 Aug	Fri 31 Aug	Sat 1 Sep	Sun 2 Sep	Mon 3 Sep	Tue 4 Sep	Wed 5 Sep	Thu 6 Sep	Fri 7 Sep	Sat 8 Sep	Sun 9 Sep
Morning	09:00-12:15	09:00-11:30	09:00-12:45	09:00-12:00	09:00-12:30	09:00-12:00					
Afternoon	14:00-17:00	13:15-18:15	14:30-18:00	13:45-19:30	14:15-17:30	13:45-19:15					

Sessions where gold medals will be decided and/or awarded are highlighted in **bold**

The history

Athletes with an impairment originally took part in equestrian activities for rehabilitation and recreation. Paradrage developed in the 1970s, with the first events held in Great Britain and Scandinavia. The multi-disability sport has since spread around the world, and athletes from more than 40 countries now compete on a regular basis.

Equestrian events first appeared on the Paralympic programme at the 1984 Games, held in Stoke Mandeville (UK) and New York (USA), and have featured at every Games since Atlanta 1996.

The basics

Paralympic athletes compete in three Dressage tests: a Team Test (with three to four riders per team), an Individual Championship Test, and a Freestyle Test, where athletes choose their own movements and music. Across all tests, horse and rider must be in harmony and create an impression of lightness and rhythm.

Medals are awarded for the Individual Championship Test, the Freestyle Test and the Team score. The Team score is the result of the Team and Individual Championship Tests added together (the best three scores of a team count). All riders, whether competing in a team or not, may ride in the Team Test.

Athletes are classified across five grades: Ia, Ib, II, III and IV. The impairments of Grade Ia athletes have the greatest impact on their ability to ride, while the impairments of Grade IV athletes have the least impact.

Find out more about Equestrian – pick up an official London 2012 daily or souvenir programme at the event.

Greenwich Park



Key

- Venue entrance and exit
- Toilets
- Accessible toilets
- Baby changing facilities
- Ticket resolution office
- Games Mobility
- Spectator medical
- Pushchair and wheelchair storage
- London 2012 Shop
- Food and drink
- Information and lost and found

Scan me now or go to london2012.com/paralympics/mobileapps/ to find out about the official London 2012 apps, with sports results, spectator information and more.



Inside the venue

Please do your bit for the environment – take your rubbish home or help us recycle it by following the coloured icons on the bins, and on food and drink packaging.

Smoking is not permitted, except in designated areas.

VISA In recognition of Visa's longstanding support of the Paralympic Games, only Visa (debit, credit and prepaid) and cash can be used for purchases inside the venue. Contactless payment is also available.

Out and about

Find out what's on at a London 2012 Live Site near you or discover the great range of Paralympic, London 2012 Festival and other events taking place across the UK at london2012.com/paralympics/joinin

Get the perfect souvenir or gift – including exclusive merchandise only available in venues – at the London 2012 Shop. Or go online at london2012.com/shop



Delivering a memorable Paralympic Games to inspire a generation with the support of our Partners



This guide is available on request in other formats up to and including 30 June 2012. To obtain these please quote reference number LOC2012/PSG/06. Email info@enquiries.london2012.com. Phone +44 (0)845 267 2012. This guide is also available to download at london2012.com/paralympics



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